



**THINKUP**  
Enterprises

## Revenue Management – The Podcast

### The Power of the Pause

*“Step back, take that power, pause and really understand that no matter what you're facing, there are always multiple solutions and multiple options, multiple choices for you to choose from.”*

Welcome to Hospitality Highlights! In this 23rd episode of the ThinkUp Podcast, host Lily Mockerman reflects on 2020, what we have learned, and the power of the pause.

### Highlights from This Episode

#### Lily discusses:

- Some positive things which came out of this past difficult year, and how to honor what was good about 2020.
- How to release the negative to move on to the next chapter.
- How we are approaching our world – frantic, pulled into a negative flow?
- How to use the power of the pause in planning for your hotel.

To wrap up, Lily talks about her personal method of inserting a pause in her daily schedule to help her make decisions from a place of being more centered, less reactive, and more proactive.

#### For questions or more information:

Website: [ThinkUp Enterprises](#)

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For questions on this episode or any other revenue management related topics, you can send them to us at [info@thinkupenterprises.com](mailto:info@thinkupenterprises.com).